

VeteranCaregiver.com Video Resource

Recommended Resources: Uplifting Four Word Phrases That Matter

Overview: Words are powerful and can make a significant difference in

your life and situations. Here are some positive four-word phrases that are compelling, comforting, descriptive, and

possibly helpful to your situations.

Distilling your message to only a few words can make them impossible to misunderstand. Sometimes Less really IS

More...

Words of Meaning and Significance to a Caregiver and Family Member:

Relief - How can I help you?

Hope - You can do it!

I know you can.

Meaning - I believe in you.

Comfort - You are a blessing.

Warmth - I care about you.

Love - You matter to me.

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