

Recommended Resources for Video: Caregiving for Dementia

Overview: Dementia is the progression of brain failure that may cause memory

loss, confusion, physical changes, behavior changes, and require assistance in daily living caregiving, eventually require a team of caregivers, or admittance to an assisted living facility. We will all either know or be someone with dementia, Alzheimer's or other condition, which is why learning more now is vitally important.

Resources:

http://www.caregiver.va.gov/pdfs/familycaregiversguideto alz

heimers.pdf

CG Training http://www.ruralhealth.va.gov/education/dementia-caregivers/

Behaviors https://www.caregiver.org/caregivers-guide-understanding-dementia-behaviors

Communication https://www.alz.org/care/dementia-communication-tips.asp

http://www.mayoclinic.org/healthy-lifestyle/caregivers/in-

depth/alzheimers/art-20047540

Videos by Teepa Snow (these are excellent for patient and family member)

Early Signs https://www.youtube.com/watch?v=pqmqC-702Yg
Care Tips https://www.youtube.com/watch?v=Yd7uycTX7mg
Phrases to Know https://www.youtube.com/watch?v=KKejCymVS2Q
De-Escalating https://www.youtube.com/watch?v=xNznZ2MnV3I
Communication https://www.youtube.com/watch?v=HwSMPXIQX0E

Seminar Series

https://www.youtube.com/watch?v=sUgPm8RMa48&list=PLeu1xlHHkFCU k

<u>85X1xBwjzayVIzNB12R</u> (24 videos in playlist, most are 3-11 minutes long) Brainy Day Tasks https://www.youtube.com/watch?v=RsWsh6ONZ8w

Recognize Pain https://www.youtube.com/watch?v=9kSjHtHSJCw (Late Stage)

Proprietary Recommended Resource List by VeteranCaregiver, a division of WiseHealth, Inc. May be shared with attribution and all resources should be researched by the user for individual benefit. All rights reserved. Updated April 2016.



Proprietary Recommended Resource List by VeteranCaregiver, a division of WiseHealth, Inc. May be shared with attribution and all resources should be researched by the user for individual benefit. All rights reserved. Updated April 2016.