

VeteranCaregiver.com Video Resources

Recommended Resources: Becoming a Leader of Character

Resources "Becoming a Leader of Character", by author and veteran Dave Anderson: http://amzn.to/2tWOA2V

> Courage: <u>https://www.psychologytoday.com/blog/the-mindful-</u> self-express/201208/the-six-attributes-courage

http://momlifetoday.com/2011/02/courage-the-backbone-ofcharacter/

Humility: <u>https://hbr.org/2009/09/humility-as-a-leadership-trait</u>

http://connectionculture.com/post/leading-with-characterhumility

Integrity: <u>http://www.huffingtonpost.com/judith-</u> <u>bowman/character-and-integrity-a\_b\_9839508.html</u>

http://ovationleadership.com/integrity-of-character/

Selflessness: <u>https://www.linkedin.com/pulse/4-traits-selfless-leaders-doug-dickerson</u>

Duty: <a href="http://www.dictionary.com/browse/duty">http://www.dictionary.com/browse/duty</a>

Positivity: <u>https://positivepsychologyprogram.com/classification-</u> character-strengths-virtues/

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